**2020 HONOR A COLLEAGUE**

Nominate them NOW for one of our many awards.

Nominations accepted

**DECEMBER 6 THRU FEBRUARY 14, 2020**

Award descriptions are listed on the SHAPE Florida website.

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**CALLING ALL PRESENTERS!**

**SUBMIT A PROGRAM PROPOSAL FOR SHAPE FLORIDA’S 2020 CONVENTION**

Proposals will be online at SHAPE Florida’s website **FEBRUARY–APRIL 2020**

[www.shapefla.org](http://www.shapefla.org)

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**MBF PREVENTION EDUCATION PROGRAMS**

- MBF CHILD SAFETY MATTERS®
  - Elementary School Curriculum
  - For students in grades K-5
  - Features & Benefits:
  - Evidence-based and evidence-informed programs
  - Easy and practical to implement
  - Age and developmentally appropriate
  - Based on Polyvictimization research
  - Educate children, staff, and parents
  - Provide practice and reinforcement of learned skills

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  - For youth athletes in grades K-12 (from beginner to elite levels) in sports settings

- MBF TEEN SAFETY MATTERS®
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**Contact Us!**

mbfpreventioneducation.org
info@mbfpreventioneducation.org
904.642.0210

@MBFChildSafety
The SHAPE Florida purposes for which the organization is formed are to: Advance high-quality, professional practice in health and physical education, physical activity and sport. Promote healthy, active lifestyles for Florida's children, youth and adults. Encourage, stimulate, support and provide experiences for professional development in the members of the Society. Encourage, promote and provide programs for continuous improvement and advancement of professional standards for personnel and programs. Advocate for high quality, professional standards for programs in health education, physical education and physical activity for Florida citizens. Affiliate and cooperate with other state, district and national organizations with whom the organization shares a common purpose and mission. Monitor, acquire and disseminate current literature in the academic fields represented in the Alliance.

SUBMISSIONS
See information on author guidelines listed at the current SHAPE Florida website www.shapefla.org

ADDRESS CHANGES
E-mail address changes to shapefloridaorg@aol.com

ADVERTISING
For pricing and other information, contact E-mail: shapefloridaorg@aol.com

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I am so thrilled to be part of the SHAPE Florida’s leadership team as President-Elect! What exciting times as we move into the next century of supporting health and physical education programs throughout the state. This year’s SHAPE Florida Convention was the perfect setting to launch into the next 100 years of amazing work. The Convention is always a great time to learn and rejuvenate the passion for teaching and this year did not disappoint! So many new faces, vendors and presenters filled with great information new ideas.

To provide you with a little background about myself, I have had the privilege of working in health and physical education for the last 24 years. I spent 14 of those years as a physical education teacher in Polk County Public Schools and for the past 10 years have served as the Polk County District Curriculum Specialist for Health & Physical Education. Throughout the years I have the opportunity to work with so many phenomenal educators in my District and throughout the state that have taught me so much.

Like so many of you, I truly believe what students learn through health and physical education are the foundational components which build healthy communities. Now more than ever we need our students to leave us with the knowledge and power to achieve complete mental and physical health in their adult lives. To equip all of our students with these skills is a challenging task that all of us work diligently at every day. SHAPE Florida provides so many venues for health and physical educators to receive support in meeting those challenges. Whether it is the annual SHAPE Florida Convention, professional development events, fundraising opportunities, advocacy initiatives or so many other resources, we are here to support you. We can only do that when we have active members working towards supports and solutions. In this new year, I encourage you all to become active in this organization in some small or big way; volunteer to serve on a committee, nominate a fellow member to be recognized with an award, run for an office, attend a sponsored professional development or recruit new members. Let’s get this next 100-year party started right!!
A Common Vision of Instructional Excellence

WHISTLE BLOWS: It’s halftime SHAPE Florida members! We’ve made it midway through the school year, together! Words cannot express my excitement to be leading this extraordinary organization alongside such dedicated educators. From CODA, to our volunteers, board, and members, SHAPE Florida is chock full of individuals who embody the essence of education for a lifetime.

As I enter my presidency, please allow to share a few personal tidbits with you…I am one of 5 daughters to my parents, second oldest. I have always been a good student, but I was also that child in school. You know, the one who couldn’t sit still? The one who finished her work and then bothered all the other students causing minor disruptions in class? As I progressed through school, my parents and teachers realized that they needed to “keep me busy”. Hence, physical education and athletics became my outlet- keep me moving and I’ll stay out of trouble (somewhat). So, I took every physical education course I could fit within my schedule and was a three-sport athlete. As I continued onto college as an athlete, I stumbled upon the realization that I craved movement. I needed to move. So, here I am, in an amazing profession, leading teachers in the BEST subject areas.

It’s hard to overstate the impact that quality instruction has on students. Whether it’s fostering real-world preparedness, providing a variety of learning opportunities, or simply increasing health and physical literacy, instructional excellence is key. In posturing ourselves to create the next generation of leaders that value health education and physical education as vital elements of a child’s education, we must be vigilant in our efforts to provide quality instruction. However, our students are not our only audience. Ask yourself this…is it enough that (only) your students know you are doing a great job teaching them the skills they will need to lead active, healthy lives? We have an obligation to expose parents, colleagues, administration, and our communities to the importance health & physical education play in the overall education of students. Let’s be clear (and honest), not all health and physical educators do a ‘bang up’ job when it comes to teaching. Advocacy is, and has been, a common goal of the past decade of presidents as well as the organization as a whole…however, for what we are advocating? It’s not enough just to bring attention to our content area fussing about how important is what we do- we must also take pride in how we do what we do.

In 2020, my hope is to help shift focus from the routine “HE & PE are important” chants, to a mission that embodies the statement “quality health & physical education are vital!” Take two (or ten) steps back from your classroom and reflect on your instructional practices...are YOU providing the highest level of lessons and activities to your students? Are there things upon which you can improve? If you are at your best—who have you let know that you are rockin’ it out? Are you inviting your colleagues to your classroom to show them the impact physical activity has on reading readiness or math comprehension? Are you showcasing to your principal how your program boosts the social-emotional awareness and communication skills of your school? Have you leveraged support from local community members and businesses to fund your needs by detailing the impact your program has on the overall health of the community? If not, why? Tune up that horn and then toot it!

Part of our role as a member-led organization is to create a network in which you can work collaboratively with one another at convention, and throughout the year to achieve excellence in your instructional practices and in student learning. Professional development is an essential component of our partnership and ensures the long-term success of our work together. If you attended this past convention and you participated in a session that knocked your socks off- let us know! If you felt like something was missing- we’d like to know that, too. I encourage you to share your needs, wants, and wishes so that we can best serve you. Be on the lookout in our Member’s Only section for tools to enhance your instruction, advocate for your program, and communicate with other members—including the board. In getting back to a more pedagogical approach to teaching, we can begin to map out a common vision of instructional excellence—a vision that we can be proud to share in practice and in theory.

In the meantime and in between time, if I can be of any service to you, please do not hesitate to reach out to me at albrittonh@duvalschools.org. I would love to hear from you- wishing you all the best—Heather
CELEBRATING 100 YEARS!

What an exciting convention we had in November celebrating our 100th anniversary with many of our former leaders in attendance as well as 475 SHAPE Florida members and 72 exhibit staff! I want to extend a personal welcome to our first time attendees and invite you to continue your involvement by attending the 2020 fall convention and FREE regional workshops during the summer. We are always looking for volunteers to help with various aspects of the convention as well as serve on councils and committees. Please contact me if you are interested in learning how you can become more involved!

The inaugural Health & Physical Literacy Summit 2020 takes place February 11-14 in Birmingham, Alabama. Sessions include health education, HETE/PETE, technology, adapted physical education, physical education and dance K-12, research and more. Registration and Summit information can be found at http://www.asahperd.org/hpl-summit-2020.

Please consider one of our endorsed initiatives if you are looking for a new, exciting fundraiser for your program. We have partnered with American Lung’s Yoga Power, SHAPE America’s health.moves.minds, and Game On! We support these fundraising programs knowing that every school is unique, hence the diverse programs that we have partnered with to help meet your needs. If you raise less than $2,000 in one or a combination of these programs you will receive a one-year half price membership. If you raise $2,000 or more in one or more of the fundraising platforms, you qualify for a FREE one-year membership. Good luck!

Be Well & Stay Fit!

CALENDAR

December 6-February 14 Submit Nominations for SHAPE Florida Awards
February 11-14 Health & Physical Literacy Summit, Birmingham, AL
February 22 SHAPE Florida Board Meeting
February–April Submit SHAPE Florida Convention Program Proposals
April 9 - 13 SHAPE America National Convention & Exposition
Salt Lake City, UT
May 1- 7 National Physical Education and Sport Week
May 30 SHAPE Florida Board Meeting
Hello everyone! My name is Edgar Pabon and I am honored to be your new SHAPE FL Vice President of Physical Education. I would like to begin by thanking both Past-President Strain and my predecessor, Karen Fisher, for their leadership and guidance as I “learned the ropes” over the past year. Now I look forward to working with our new SHAPE FL President, Heather Albritton, Physical Education Division Vice President-Elect, Aaron Jones, and Health Education and General Division Vice President Rachel Winstead in what promises to be an exciting and challenging year.

My career in education has been very fulfilling, despite the fact that it is not a profession I originally intended to enter. After graduating from Osceola High School in Kissimmee, I attended the University of Central Florida for a couple of years before joining the US Navy. My wife, an elementary school teacher, suggested that I go into education upon my return to civilian life, so I attended the University of North Florida to complete my Bachelor’s Degree in Physical Education and eventually began teaching Elementary PE in Jacksonville. After several years as a physical educator in 4 schools, I completed a Master’s Program in Educational Leadership with a concentration in Sports Management (also at UNF) and have been teaching undergraduate courses there. Five years ago, I was given the opportunity to join Duval’s Health and Physical Education team at the district level, which has given me the opportunity to learn about the profession from a different point of view as well as becoming more involved with SHAPE at the local, state, district and national levels.

It was a pleasure to see so many of you at the SHAPE FL Convention in November! The increase in attendance is a sign of a positive trend in teachers and schools striving for high quality Health and Physical Education programs throughout the state. For those who have not been able to attend due to funding or administrative support, please take a look at the Convention Justification Toolkit found under Resources in the SHAPE FL website (shapefla.org). It provides multiple resources to help you gain administrative support, from a justification letter template to talking points based on needs and benefits to the school. While many of us are fortunate to have Professional Development available at the school district level, the SHAPE FL Convention allows us to the chance to share and learn from a vast array of professionals who understand the value of best practices. It also helps us maintain a social network of people with whom we have so much in common.

I strive to help all of you as much as possible. To that end, please do not hesitate to contact me at pabone@duvalschools.org with any questions or suggestions you may have about the profession or SHAPE FL as a whole. My intent is to provide you with as much support as possible so that you become the best educator you can be. With that in mind, if you or someone you know feel like you can share some of your hard-earned knowledge with the rest of us, please consider submitting a presentation for the 2020 SHAPE FL Convention. Hollie Newnam, our Executive Director, will email us with information about presentation submissions in the not-so-distant future. These submissions will be reviewed by the various council members for approval before being incorporated into the convention schedule. I challenge you to give us lots of submissions to review because a robust program agenda is a benefit to us all.

While I am in the challenging mood, I will also point out that SHAPE FL as 16 different awards to recognize the amazing work being done at a variety of settings. From exemplary leadership to community service and outstanding teaching, our organization provides opportunities for recognition. If you know someone who should be recognized for the work they do, please take a few minutes to nominated them for a SHAPE FL award. Nominations are now open and we would love to see many deserving folks in that list.

Finally, I would like to recognize a group of people who have stepped up to fulfill a valuable leadership role with SHAPE FL. The Physical Education Division is composed of 6 Councils (Elementary PE, Secondary PE, Adapted PE, Sports, Dance, and Physical Activity/After School Activities). Each Council has a Chair and a Chair Elect listed below. I would like to extend my gratitude to the members who accepted these positions. They will be an integral part of the awards and convention presentation review processes. I will seek their advice in matters regarding their areas of representation.

This is going to be an exciting year for SHAPE FL! I look forward to serving you and spending time in amazing professional development sessions with you. Thanks for the role you play in the education of the whole child and I wish you all the best!
Judy A. Blucker, of The Villages, passed away on July 16, 2019 after her battle with cancer. Judy attended Memphis State University, University North Carolina at Greensboro and received her doctorate at Florida State University, where she also coached the Women’s Volleyball Team. She was a member of the founding staff at the Florida International University of Miami, in 1972. She served as Assistant Professor of Health, Physical Education and Recreation. In 2007 she retired for a second time after serving as Chief Negotiator for the university as well as Dean for the College of Education. She served in several additional administrative positions in her 35 year tenure and retired as Executive Vice Provost to the President. Dr. Blucker established several endowments and received the FIU Medallion for her merits. She was a Past President of the Florida Association for Health, Physical Education and Recreation and served in 1977-78.
Greetings...

Happy 100 Years to our organization! It was incredible to see so many of our members attending this year's Convention and 100 Year celebration. The party-like atmosphere at our opening celebration helped start our Convention off and get everyone excited for the days ahead. I hope you were able to attend sessions that were meaningful to you and the work you do in the areas of health education and/or physical education. I want to give a huge shout-out to all our council members who gave their time to serve and volunteer over the three days. Thank you to everyone who submitted and were selected to present. As a presenter myself, I also want to thank everyone who came and actively participated in sessions. Many of us are kinesthetic learners and find it easier to replicate activities with our classes that we have experienced ourselves. There were many opportunities and sessions to grow as a professional. If you have implemented your learnings when you returned from convention, try to share that with us on social media. SHAPE Florida is on Facebook, Twitter and Instagram.

During the Convention we learned about the various programs available to help us raise funds to support our organization as well as great organizations/causes and bring important information to our schools. We hope you consider participating in one of the three educational fundraising programs that SHAPE Florida has partnered with.

- Health. Moves. Minds. – SHAPE America
- Yoga Power- American Lung Association
- Schools vs. Cancer – American Cancer Society
- Mission Possible- Game On!

Congratulations to the following members who will be serving on our council for the upcoming year. As council members, we will review nominations for awards and will review proposals for the Convention next year. This year's Health and General Education Council is made up of: Frannie Kendall (Vice President Elect), Sarah Dingus (Member at Large), Deborah Porter (Health Education Council Chair-Elect), Chris Wirth (Higher Ed Council Chair), Denise Breitkreuz (Higher Ed Council Chair-Elect), Matthew Wicks (CODA Chair), Ashley Cappucci (CODA Council Chair Elect), Freddie (Student Rep from UWF) and Freddy Armand (Student Representative- UWF) and Najjada Williams (Student Representative Elect- Bethune-Cookman).

Nominations for the 2020 SHAPE Florida awards are open! Nominations are due February 14th, 2020. Check out our website www.shapeflorida.org for awards descriptions and to submit nominations. Celebrate the outstanding job your fellow teachers / co-workers are doing!

I look forward to serving as your Health Education and General Division Vice President on the Board this year. We are here to serve you and make our profession the best it can be!
WOW! What a truly amazing Convention we just experienced as we celebrated 100 years of existence for SHAPE Florida. As the student representative, my time being a part of this amazing organization has been relatively brief, but I can already realize why people become members and remain for life. I understand why this society has been around an entire century! In less than two years, I have met some amazing professionals and have made friendships that will withstand the test of time. As a student, I am taught by some of the best professors in the state, hands down. It is because of this, that I can recognize the fact that these conventions are loaded with presentations from top-notch educators/instructors who present best-practices and innovative ideas.

As a senior at the University of West Florida, I have been afforded the opportunity to learn physical education pedagogy in an environment, and with equipment, that goes well beyond expectations. After all, it was my professors who encouraged me to be a part of this great organization/family. As I sit in the classroom, I often wonder what it will be like to have a class of my own. How do I reach the students? How do I encourage them to move correctly and with complete enjoyment? My answer is to let my passion for physical education overflow onto my students. I believe that physical education is vital to the development of every child. We are built to move and, through a common vision of excellence in physical/health education, we as educators see great improvements in our student’s cognitive, psychomotor, and emotional development.

At this year’s Convention I found myself surrounded by attendees that were well-established in their careers as teachers and educational leaders. It is during moments like these that I find myself in awe of how dedicated and connected these members are to their students, schools, communities, and profession. As I departed the military in 2016, I pondered if I would ever be a part of something that embodies that same level of service, dedication, and professionalism. My question is continuously answered each time I have the pleasure of meeting another dedicated physical/health educator. It is hard to explain how happy I am to have chosen this career and to have been nominated for this position. During my time as a student teacher in Escambia County, as well as during this convention, I have been amazed at how many people remain in this profession — regardless of the challenges and reduced level of compensation. I feel that the retention rate speaks volumes for the quality of life that I can anticipate over my next 20+ years on this journey.

I want to take this time to thank UWF (amazing professors and fellow students), my cooperating teachers (Cristen Hartley, Stacey Duncan, Ian Waldron, Karen Sauers, and Kathryn Clarke), and my SHAPE Florida family (BOD and fellow members) for guiding me through my learning process and helping me understand the importance of building a foundation that places value in excellence. Doing our job with integrity, perfection, and joy is what our students deserve. As I reflect over the past, I am thankful for the friendships I have made. As I focus on the present, I am grateful for this opportunity to lead fellow students. As I look forward to the future, I am excited for the positive impact I will have on our youth. It is with great anticipation that I look forward to seeing everyone next October during our 2020 SHAPE Florida Convention!

New Membership Incentive

You are eligible to receive a discounted membership for participating in any of the approved SHAPE Florida fundraising programs. One year, half-priced membership is available to those who raise less than $2,000 and a FREE one-year membership for members who raise $2,000 or more!
FEBRUARY 11 - 14, 2020

HYATT REGENCY BIRMINGHAM
1000 Riverchase Galleria, Birmingham, AL 35244
For reservations click above or call 402-593-5098 Use code G-3DON

PREREГISTRATION
To preregister click above to access online process and/or mail-in form or go to asahperd.org/hpl-summit-2020. Preregistration deadline January 20.

PROGRAM INFORMATION
To access a complete list of sessions, click on Program Information above or go to asahperd.org/hpl-summit-2020

TUESDAY, FEBRUARY 11 - 1/2 DAY WORKSHOPS STARTING @1:00 PM
• PUSH It! (Physical Uplifting School Health)
• Trauma Informed Schools: What Physical and Health Educators Need to Know
• LiINK Project: Producing Resilient Children in a Sedentary, High Tech Culture
• Increase MVPA Using IHT Zone Heart Rate Monitors
• American Kinesiology Association’s Core for Kinesiology Degree Programs: Establishing the Foundation for Health and Physical Literacy

WEDNESDAY, FEBRUARY 12
• 1st General Session 8:30 am - 9:45 am
• Hourly Breakout Sessions 10:00 am - 5:15 pm
• Exhibits Gala & Taste of the States 6:00 pm - 8:00 pm

THURSDAY, FEBRUARY 13
• 2nd General Session 8:30 am - 9:45 am
• Hourly Breakout Sessions 10:00 am - 5:15 pm
• All Summit Party & Silent/Live Auction 6:00 pm - 10:00 pm

FRIDAY, FEBRUARY 14
• Hourly Breakout Sessions - 8:00 am -12:00 pm
• Research Poster Presentations

KEYNOTE SPEAKERS
1st General Session - Wednesday, February 12
John Ratey, M.D., Harvard University, Author of SPARK: The Revolutionary New Science of Exercise and the Brain

2nd General Session - Thursday, February 13
Joy Deupree, Ph.D., MSN, University of Alabama at Birmingham, Chair, Health Literacy Partnership of Alabama
and
Melanie Lynch, M.Ed., OPEN National Trainer, 2016 Health Education Teacher of the Year, SHAPE America

WWW.ASAHPERD.ORG/HPI-SUMMIT-2020

NO MEMBERSHIP REQUIRED

PREREGISTRATION FEES
$130 Professionals
$ 45 Future Professionals
$ 45 Retirees

ONSITE FEES
$175 Professionals
$ 65 Future Professionals
$ 65 Retirees

AFTER HOURS HIGHLIGHTS
All Summit Party & Silent/Live Auction
• Enjoy great music from DJ Steve Sills and bid on sports memorabilia, travel and other amazing items!

Exhibits Gala & Taste of the States
• Come see what exhibits have to offer and have a Taste of the States!

FEATURED SPEAKERS
• Kevin Lorson, Ohio, Role of HPE Teachers in the Opioid Crisis
• Hal Lawson, New York, Trauma and Mental Health Literacy
• David Geslak, Illinois, Challenging Autism with Exercise
• Kim Graber, Illinois, Developing Effective Teacher Education
• Mary Margaret Scalici, Alabama, Dance for Students with Special Needs
• Robert Sinibaldi, Florida, Adapated PE
• Timothy Alexander, Alabama, Overcoming Adversity in Athletics and Life

For more information contact:
Dr. Charity Bryan, Summit Director
cbryan4@kennesaw.edu
Duval County Schools
Edgar Pabon
A new school year is here and the Duval County Schools’ Health Education and Physical Education (HEPE) Team is off to a good start. We began the year with a district-wide professional development on August 7th, with 300+ Health and PE teachers in Duval. Our teachers received training on a variety of instructional ideas and expanded curriculum knowledge, the district’s Professional Learning Communities (PLCs) transitioned to a new management approach, new teachers began the process of mentorship and district-level support, and our fitness assessment expectations shifted to a more streamlined reporting requirement. Duval County is also hard at work in developing an internal framework to expand the Social Emotional Learning experience of our students. More professional development is coming in the form of a fall district in-service as well as the SHAPE Florida Convention in November. At the convention, our DCPS Director of Health and Physical Education, Heather Crowley, will begin her year of service as the SHAPE Florida President. Serving alongside her, Edgar Pabon will become the SHAPE Florida Physical Education Division Vice-President. We will also be well represented at the convention with 6 sessions lead by DCPS educators, including one by the SHAPE Florida and Southern District Health Educator of the Year, Frannie Kendall.

Volusia County Schools
Dr. Grace Kellermeier,
Coordinator of World Languages and Special Programs
Ian Siljestrom mentioned Volusia’s project during his Bullying webinar through the Title IV office at DOE. Our book study hadn’t yet taken place, but he’s told me since that he refers so many families with LGBTQ children to this book. He’d never heard of Ryland until we approached him to do the book study with us. It was really tremendous that SHAPE brought Hillary and Jeff Whittington to National Convention. I don’t submit this blurb to toot our own horn, rather to encourage other districts and share what seems to have worked well for us:

Volusia County used Title IV funding to purchase 250 copies of “Raising Ryland: Our story of parenting a transgender child with no strings attached” by Hillary Whittington. This idea was generated by the Hillary and Jeff Whittington keynote address and follow-up session at SHAPE National Convention in Tampa in April. Volusia’s Health & PE Curriculum Specialist and Social Emotional Learning Specialist partnered on this well-attended and well-received project. We offered a 4-week book study webinar series that included a kick-off event with Ian Siljestrom of Equality Florida, webinar guest presenters from ASL/Deaf Community and DeLand Pride. Please contact Grace Kellermeier at gkkeller@volusia.k12.fl.us for resources or more information.

The Fall 2019 Book Study is attached to show what the topics are in each chapter.

VOLUSIA READS! 2019 FALL BOOK STUDY

Raising Ryland: Our Story of Parenting a Transgender Child with No Strings Attached
By Hillary Whittington
• It is very interesting. I don’t even think I was ever aware of a Deaf community concept. I think I just thought people adapted to being hard of hearing.
• Thanks so much for sharing all this information about the Deaf community and culture. It will certainly allow us to be more inclusive for all students!
• Pertinent book study to help us understand, support, and embrace transgender youth. Thank you!
• A new look at inclusivity in and outside of the classroom.
• Thank you for providing such a rich and expanding experience!!
• Great book and page turner. Do yourself a favor and read this book!
• Thank you, I am a better person for having been part of this experience.
• Supporting Transgender youth-it’s not what you think!
• This has been such an important subject to learn about!
• Thanks for a great book study
• Thank you for giving me an opportunity to see things from the eyes of the parent.
• Motivational and inspiring book that will touch all!
• Thank you everyone a pleasure hearing and sharing.
• This book allows you to peek inside a family’s journey embracing their transgender child.
• Very warm and genuine passionate reading. This experience has been humbling and impactful!
• Open hearts open doors
• Do yourself a favor and read this book, it will help you understand
• Raise your awareness, raise others consciousness, empower families to raise self-accepting children!
• Thank you for this opportunity! It is reassuring and a blessing to see so much participation from educators in our district!
• Unconditional support from parents is crucial to a child’s sense of self and wellbeing.
• I have enjoyed this book study- it has been a highly comfortable and accessible way to learn more this topic and gain insight into my students!
• Truly eye-opening into the need for showing true acceptance of the whole student and being a safe person for all students to trust.
# VOLUSIA READS! 2019 FALL BOOK STUDY

## READING and TWITTER CHAT PLAN

<table>
<thead>
<tr>
<th>Dates</th>
<th>Book Study Activity</th>
<th>Pages</th>
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<tbody>
<tr>
<td>October 29</td>
<td><strong>Book Study Kick-off with Keynote Speaker:</strong></td>
<td>Book Distribution</td>
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<td>Ian Siljestrom of Equality Florida</td>
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<td>6:00PM – 7:30PM</td>
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<td>Location: DeLand High School Auditorium</td>
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<td>October 29 – November 5</td>
<td><strong>Reading Assignment:</strong></td>
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<td>• Author’s Note and Prologue</td>
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<td><strong>Part I: LEARNING TO LISTEN</strong></td>
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<td></td>
<td>• Chapter 1: Ryland’s Creation</td>
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<td>• Chapter 2: Baby Signs</td>
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<td>• Chapter 3: The Gift of Sound</td>
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<td>• Chapter 4: Clothing Catastrophes</td>
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<td>November 5</td>
<td><strong>Closed Captioned Webinar:</strong> Overview, Guest Presenter Katie Allman, Associate Professor of American Sign Language at Daytona State College (See calendar invite for link to webinar.)</td>
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<td>November 6-12</td>
<td><strong>Reading Assignment:</strong></td>
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<td>• Chapter 5: Immediate Attention</td>
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<td>• Chapter 7: Canvas for a Cause</td>
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<td>November 12</td>
<td><strong>Part II: EMBRACING OUR SON</strong></td>
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<td>• Chapter 8: Transitional Kindergarten</td>
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<td>• Chapter 9: Shaping the Future</td>
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<td>• Chapter 10: Gender Spectrum</td>
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<td>November 13-19</td>
<td><strong>Closed Captioned Webinar:</strong> Overview, Guest Presenter Desiree Sylvester, Board Member of DeLand Pride, Chat (See calendar invite for link to webinar.)</td>
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<td>7:00PM – 8:00PM</td>
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<td>November 19</td>
<td><strong>Reading Assignment:</strong></td>
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<td>• Chapter 11: Heat in the Marriage</td>
<td>Pgs. 178 - 253</td>
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<td>• Chapter 12: Nuclear Reaction</td>
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<td>• Chapter 13: Educating the Educators</td>
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<td>• Chapter 14: First Day of School</td>
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<td>• Chapter 15: Spiritual Enlightenment</td>
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<td>• Chapter 16: Transgender Day of Empowerment</td>
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<td>• Chapter 17: Coming Out</td>
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<td>• Chapter 18: Child at Play</td>
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<td>• Chapter 19: Conclusion</td>
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**NOTE: BOOKS WILL BE PROVIDED TO ALL PARTICIPANTS**

If you have Questions Contact:
Grace Kellermeier gkkeller@volusia.k12.fl.us x20569 or Twitter: @GKellermeier
Or
Justin Lipomi jlipomi@volusia.k12.fl.us x20655 or Twitter: @Lipomi_Justin

SHAPE Florida 11
CODA SHARE

MATT MURPHY
Osceola County
matthew.murphy@osceolaschool.net

Here is our great work in Physical Education!
“We received a grant to put heart rate sensors in most of the PE classes throughout the school district. Teachers were trained in August, then again in October on how they can best implement the sensors and interpret the data in their classes. We continue to emphasize Water Safety Instruction by providing one week of instruction in the pool for all Kindergarten and First Grade students.”

Here is our great work in Mental and Emotional Health Education!
We are implementing the Purpose Prep curriculum as comprehensive, grade level education for Mental and Emotional Health, Substance Abuse and Prevention, and Child Trafficking prevention.

BRENDA CHRISTOPHER-MUENCH
Orange County
Brenda.Christopher-Muench@ocps.net

Here is our great work in Physical Education!
The First Tee National School Program is active in over 60 Orange County elementary schools. This year, 12 additional schools will be receiving curriculum, equipment and training valued at ~$3,000 each.

Here is our great work in Health Education!
The Orange County Drug Free Office and Health Department collaborated to provide opioids and vaping prevention training for HOPE teachers.

Here is our great work in Sexual Health Education!
Skills-based sexual health education lessons will be implemented through middle school science classes to ensure all 6-8th grade students are included.

Here is our great work in Mental and Emotional Health Education!
The Orange County School Board designated October as LGBTQ History Month and marquees throughout the district read “OCPS Accepts Everyone. LGBTQ Awareness Month”.

Here is our great work in Child Trafficking prevention!
Teachers are being paid a stipend for completing the online Child Trafficking training provided by the Children's Advocacy Center.

Here is our great work in another area!
WetBulb globe temperature is a measure of the heat stress in direct sunlight. WetBulb Globe Thermometers are being purchased for all Orange County K-12 schools to inform physical activity decisions for physical education classes, athletics, marching band and JROTC.

EDGAR PABON
Duval County
pabone@duvalschools.org

Here is our great work in Physical Education!
After a wonderful SHAPE FL convention in November, in which Duval County educators lead 8 sessions, we are gearing up for professional development to strengthen our partnership with Safe Routes to School. In January, our elementary P.E. teachers will attend training for pedestrian and bicycle safety in order to enhance the quality of instruction in that topic. Duval educators are also becoming more involved with SHAPE FL leadership, with 4 people in the Board of Directors and one more as Chair of the Sports/Athletics Council.

Here is our great work in Sexual Health Education!
In Duval County Schools, Sexuality Education is part of the Health Education curriculum in grades 6-8 as well as the HOPE course in high school. As part of our participation in the CDC Dash Grant, our teachers use the Draw the Line/Respect the Line (middle school) and Reducing the Risk (HOPE) curriculum to lead instruction in sexuality education. We have been able to provide yearly rounds of professional development for both programs in cooperation with professors from the University of North Florida. Duval teachers are also able to request health educators from Wolfson’s Children Hospital’s The Players Center to assist with lessons on more sensitive topics, providing a clinical approach that enhances instruction and eases curriculum facilitation.

Here is our great work in Mental and Emotional Health Education!
Duval County Schools has been developing and implementing lessons geared toward providing students a much better understanding of mental and emotional health with emphasis on diminishing negative stereotypes. The Wellness Wednesdays program is a district-wide effort to teach K-12 students about the reality of mental & emotional health, supportive strategies, coping mechanisms, and the importance of ending stigmatization. It is being implemented one Wednesday a month with a 30 minute scripted lesson and supplementary videos produced by the district.

Here is our great work in Child Trafficking prevention!
Duval County Schools is working with Her Song to develop a Human Trafficking curriculum for grades 6-12. Her Song is an organization dedicated to providing care and safety to hundreds of human trafficking victims in the Jacksonville area in partnership with Florida Blue, Mayo Clinic, and Women's Giving Alliance. The main goal of this work is to make students aware of human trafficking, outcomes for victims, and ways to find help for themselves or others.
Heart conditions in children can come in two forms; congenital and acquired. Congenital heart conditions are those that children are born with and they are approximately 20 times more prevalent than acquired heart conditions. The causes of most congenital heart conditions are unknown. Only about five per cent can be traced to genetic conditions such as Down Syndrome or mothers who contract rubella during pregnancy. A child’s heart condition may be diagnosed at birth with conditions such as “blue baby” or a heart murmur. Other congenital heart conditions include Patent Ductus Arteriosis (a duct between the two main arteries remains open after birth), Ventricular Septal Defect (an opening between the two main ventricles of the heart), Atrial Septal Defect (holes occur in the septum separating the two main receiving chambers in the heart), Tetralogy of Fallot (four associated heart malfunctions result in the mixing of poorly oxygenated blood - “blue baby”), Transposition of the Great Vessels (the aorta and pulmonary arteries are reversed - requires surgery), and Aortic Stenosis (an obstruction of the aortic valve caused by a deformity). There are several other less prevalent congenital heart defects. Acquired Heart Conditions occur more often in adults but may occur in children, usually as a result of a disease. They include Rheumatic Fever (caused by a streptococcus infection which may cause scar tissue on the heart), Hypertension (elevated blood pressure caused by kidney or endocrine disease), and Innocent Murmurs (of unknown cause that are generally monitored by the doctor and often turn out to be insignificant).

The following are list of tips and considerations for working with OT and PT personnel within an inclusive school setting when you have students with special needs:

1. Familiarize yourself with the student’s IEP and see if they are receiving either of the two services. If they are, obtain the OT or PT’s name and work-related email address and make contact. They are often scheduled very tightly with their therapy sessions and randomly stopping them on campus may not be the best way to make first contact. Set-up a time when you both can meet. Have your questions ready ahead of time to make the meeting as productive as possible.

2. Take the time to evaluate the needs of your student within your program; also look at their strengths. This will enable you to develop the most pertinent questions when you meet with the OT/PT.

3. Understand that if a student is very physically impaired, they may be receiving both OT and PT on a regular basis. Know that both professionals may be able to provide you with useful tips and suggestions for enabling that student to better participate within your program. Their suggestions may vary significantly as they are dealing with different aspects of the student’s needs.

4. Many exercise and strength activities may be contra-indicated for a specific student’s impairments depending on their disability. If warm-up activities are a part of your PE program the OT and PT may be able to give your student specific warm-up activities to perform that are more relevant for them then what the rest of the students are doing during warm-ups.

5. If suggestions an OT or PT give you do not seem feasible to include in your program, or were tried and not possible during PE time, do not just disregard them as a resource. Set up another meeting, invite them to observe your class, and let them help you make a new strategy.

6. Students with extreme physical limitations are now often “mainstreamed” into general education PE classes. Their physical limitations may often seem so extreme to you that you cannot begin to figure out what to do with them during their PE time. Often an OT or PT can make suggestions that enable you to provide meaningful activities for them during PE.

7. On some occasions OT or PT personnel may offer to provide pull-in services during your PE time. These are services where they come to PE with the student once or twice a week and work with the child directly during PE. While some teachers might not be comfortable with pull-in services, this is usually the best-case scenario for a student with severe physical limitations. You will gain a person who completely understands the student’s needs and often has seen many more adaptations to physical activities then you have.

8. As with any other area of a child with special needs, information about a student’s disability shared by an OT/PT is confidential.

9. In some cases, the student is seeing a private OT/PT outside the school system. You will need parental permission to contact them to discuss the student.

10. OT/PT departments may often have adaptive equipment or other resources you can borrow. Respect their rules on sign-out procedures, time limitations, and return policies. If equipment is damaged while in your possession offer to repair or replace it.

Internet Resources for Understanding the OT and PT Professions
The Internet provides many resources and links for OT and PT, these are just a few:

www.aota.org is the home site for the American Occupational Therapy Association. Go to this site and click on the link to About Occupational Therapy for information and explanations provided by the governing body for OT.

www.apta.org is the home site for the American Physical Therapy Association. Go to this site and click on the link for Educators for information on how PT works within school systems.
American Lung Association: Yoga Power
Lung.org/yogapower

Health Moves Minds
www.shapeamerica.org/events/healthmovesminds

Game On!
http://www.stepitupkids.com

Y-Ties
http://www.y-ties.com

FLORIDA SHAPE is excited to announce a new partnership with:

American Ninja Warrior and Wipeout!

- YOU keep 40% of the donations in CASH!
- Empowering, Energetic, Educational, and FUN!
- Allocate funds to a cause of your choice!

Be on the LOOKOUT for an introductory email from your local Step It Up! ambassador!

www.stepitupkids.com
Yoga Power is a new school-based initiative with a three-pronged approach: lung health education, physical activity, and fundraising. It is a fun way for children to learn about and support the fight against lung disease and to help promote healthy lungs.

By practicing yoga, children learn how to exercise, discover the power of their breath, develop confidence and strengthen the mind-body connection. Children enjoy amazing benefits from yoga, both physically and mentally. Yoga Power includes education around the importance of proper lung health and will teach healthy breathing practices to every child. It is accompanied with a unique opportunity for students to raise money and earn incentives.

**Target Audience:** K-5 graders
**Target Implementer:** PE teachers or other faculty such as Principal, Nurse, or other lead Teacher

- Ideally the initiative will take place in October, National Lung Health Month, but can take place at any time convenient for the school.
- Yoga Power is designed to be a four-week initiative, starting with a school-wide kickoff with educational lesson plans and fundraising taking place throughout the following four weeks.
- Includes easy to use collateral, website and fundraising app.
- Kids can earn great incentives. They receive a wristband for registering and a keychain for their first $5 donation. The remaining items will be shipped in bulk to the schools for distribution once the initiative is complete.
- Schools earn back 7.5% of all donations in the form of a gift card.

**Weekly Lesson Plans:**
- **Lesson 1:** Dr. Seuss Theme: General Lung Health
- **Lesson 2:** Around the World Theme: Tobacco Prevention
- **Lesson 3:** Garden Theme: Air Quality
- **Lesson 4:** Sports Theme: Asthma Education

**Physical Education Lessons:** (4) 45 minutes to an hour focusing on yoga, proper breathing, and lung health.
**Lung Health Education Lessons:** optional, (4) 30-minute lung health education lessons focusing on lung health, and proper breathing.
**Classroom Breathing and Mindfulness Lessons:** optional, quick 3-5-minute lessons focusing on yoga and proper breathing.

**Yoga cards:** 36 poses are incorporated into the physical education lessons. Yoga cards are used for various activities to help teach poses, and they are simple enough that the kids could do the poses from the pictures alone.
Get Started This Fall!

1. **ACTIVATE:**
   Sign up your school!
   Get ahead of the game and learn more about implementing your program.

2. **FUNDRAISE:**
   Spread the word!
   Share event information with your school and parents. Use our templates and online platform to get started!

3. **EDUCATE:**
   Implement your activities!
   Incorporate our ready-to-use lessons and activities on kindness, mindfulness and empowerment.

4. **CELEBRATE!**
   Celebrate all of the amazing work your school has done with one of our special wellness activities.

5. **EARN!**
   Implement your activities!
   Receive 50% of the funds raised in a Gopher gift card!

Join us as we build a kinder, healthier future for our nation's youth.

healthmovescminds.org
Tabitha Best and Patricia Edwards are both winners. As the state Teacher of the Year (TOY), they were entered into the Southern District nomination pool with 12 other state recipients. Tabitha was selected for Southern District Elementary TOY and Patricia as the High School Southern District TOY. They will receive their awards at the National SHAPE AMERICA convention in Salt Lake City in April.
2019 Award Recipients

Don Knitt Service Award

ASHLEY GRIMES
Pinellas County Schools

Ashley has made many significant contributions to SHAPE Florida since the time she began her career in Pinellas County. She has served on committees, councils, Executive Committee, President, and most recently is serving as the Co-convention Coordinator. Ashley has presented at the local, state, Southern District and national levels as well as served on committees for Southern District. Ashley was recently elected to serve a two-year term on the Southern District Leadership Council as a Member at Large. Her service and leadership are outstanding for a young professional who has only been working in the profession for 12 years! Ashley Grimes continues to serve our organization ethically and professionally.

DR. SHARON WALKER
Bethune-Cookman University

Sharon Walker has been a professor at Bethune-Cookman University for more than 15 years, where she has been an outstanding mentor and teacher to her students. She has served as the advisor for the Physical Education Majors Club for several years and she has been instrumental in finding funding to bring many of her students to SHAPE Florida conventions. She has been a member of SHAPE Florida for eleven years and has served on the FAHPERDS Board of Directors. She has presented numerous times at SHAPE Florida conventions and has previously received the Educational Leadership Award. Sharon’s service to the community is evident in her leadership as the founder of a non-profit organization for Young Girl’s Education. Dr. Sharon Walker is well-deserving of this Service award.

Community Service Award

TAMPA BAY LIGHTNING YOUTH & STREET HOCKEY

Josh Dreith and the Tampa Bay Lightning Street Hockey team have been in over 300 Florida schools and given out over 80,000 free hockey sticks and balls to students. Their organization has been integral in not only providing instruction on the fundamental skills of hockey to students, but in also equipping each school they attend with their own hockey equipment set (40 sticks, balls, jerseys, goals, physical education curriculum, and goalie gear) so they can continue to teach the sport. In some communities they also provide free hockey tickets to each participant. In watching the street team interact with kids, it is obvious they are igniting the fire and desire to want to learn more about hockey.

TAMPA BAY BUCCANEERS JR. BUCS SCHOOL PROGRAM

The Tampa Bay Buccaneers established the Jr. Bucs School Program which has directly impacted approximately 200,000 students in 300 schools between Pinellas and Hillsborough counties. The program itself benefits the whole child through body and mind. At the elementary level, the Bucs provided both fitness equipment and are incentivizing students for fitness improvement. The organization utilizes their players to produces short videos that are communicated to physical education teachers, classroom teachers and home. At the end of the school year, five students from each school will be invited to 1 Buc Place Training Facility. At the middle school level, the Bucs have provided Flag Football equipment and professional development to all middle school teachers. Bucs legends along with program coaches visited schools for an entire day to teach the classes. This overwhelming support to positively impact the health and wellness of our students are why the Tampa Bay Buccaneers are well-deserving of the Community Service Award.
SHAPE Florida 2019 Award Recipients

Honorary Life Member

STEVE VANOE

Steve Vanoer has served the professional for every 39 years! He has been avidly engaged in CODA and has attended more than 20 FAHPERDS & SHAPE Florida conventions. Steve has a heart of gold and has a wealth of knowledge. His passion is evident and he always willing to share his ideas with his teachers. His teachers knew that they could always pick up the phone and bounce ideas off of him. Steve has left a legacy and shoes that will be difficult to fill in Hillsborough County. Steve has always gone above and beyond for the students, staff, and his colleagues across the state of Florida. Steve Vanoer is well deserving of the designation of Honorary Life Member.

Program Recognition Award

LISA MOSS & IAN WALDRON
Ferry Pass Elementary School

Lisa Moss and Ian Waldron are high fliers in Escambia County. They are innovative, think outside the box, implement technology, flip their classroom, and they instill the knowledge needed in their elementary students that many times the students are teaching the classes. They create their own teaching videos that include students, other teachers, and special guest to motivate their students. These videos also show the teachers and students using proper skills and execution and they found this strategy has increased student engagement. This year they began having the fifth-grade student’s track their progress through Google Classroom, which focuses on the benchmark of the week. This program is unique and is proving to be very successful.

MARK BENDER & EMMERSON CLARK
Maximo Elementery School

Mark Bender and Emmerson Clark teach at Maximo Elementary School in Pinellas County. Maximo’s mission is to provide an innovative physical education program with the integration of technology, lifetime fitness, learning, health, wellness, character, and enjoyment. Keys to success revolve around respect, responsibility, cooperation, and motivation to become citizens of their class, school, and community. The school has been recognized as a Fuel up to Play 60 Touchdown school and has raised over $5,500 through the program. Their physical education program frequently partners with the community organizations such as the Tampa Bay Rowdies and Lightning organizations. In addition, the program incorporates technology on a regular basis, before school running programs, character education and cross curricular opportunities for learning.

LYNN MORTON AND LISA WATT
Booker Creek Elementery School

Brooker Creek’s Physical Education Program is one of the programs that sets the bar for a quality program taught by two, passionate and highly qualified educator’s Lynn Morton and Lisa Watt. Students in this program are engaged in standards-based, developmentally appropriate physical education from bell to bell. Every year, the school puts on various events where the parents are invited; one event is the Turkey Trot (among many others). During pre-school, the principal arranged an entire session that focused on the relationship between movement and academic achievement. The physical education teachers coordinate with the classroom teachers to enhance recess for the students and their program includes school-wide activities such as Random Act of Kindness, Staff Walking Challenge, Gardening Club and You Matter Gratitude Champaign.

Honorary Life Member Awards are given to members who have retired and have served FAHPERDS for many years. This award provides a SHAPE Florida membership for life.

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The Program Recognition Award is given to schools or districts where teachers and administrators have developed unique or outstanding programs.

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SHAPE Florida 2019 Award Recipients

Educator of the Year Awards

Physical Education Division Awards

**ELEMENTARY TEACHER OF THE YEAR**
**TABITHA BEST**  
Manatee Elementary School in Brevard County

Tabitha teaches physical education at Manatee Elementary School in Brevard County. She has received a number of awards including SHAPE Florida Program recognition, Manatee Elementary Teacher of the Year, and the Brevard County Excellence in Physical Education Award. She uses standards-based instruction and incorporates varied teaching styles as well as equipment and technology to reach every student. Tabitha is a frequent presenter at district conferences as well as presented at the SHAPE Florida conventions in 2016, 2017 and 2019. She is an extremely valued member of the Brevard county Physical Education Leadership team and curriculum development team are why the Tampa Bay Buccaneers are well-deserving of the Community Service Award.

**MIDDLE SCHOOL TEACHER OF THE YEAR**
**BRENNEN DAYTON**  
Bay Point Middle School in Pinellas School District

Brennen teaches and coaches at Bay Point Middle School. He is a leader in the Pinellas school district and his teaching truly sets the bar for middle school physical education. Some of his volunteer service includes Special Olympics Florida, AHA pancake breakfast, special Needs Aquatic programs, and Little League coach. His district supervisor had this to say about Mr. Dayton, “When observing his class, you will see 100% students engaged, standards-based instruction, assessment practices, student-owned learning, and the students having fun. When teachers ask where and who I can send them to go see, Brennen is always at the top of the list. Brennen has established a positive learning environment through building relationships for his students.”

**HIGH SCHOOL TEACHER OF THE YEAR**
**PATRICIA EDWARDS**  
Brevard County – Heritage High School

A highly effective and motivated professional with over twenty-five years of experience in teaching, Patricia currently works at Heritage High School in Brevard County. Her mission is to provide students with a high quality, standards-based high school physical education curriculum. Her goal is to empower students by giving them the tools necessary to make healthy choices that will lead to lifelong participation in physical activity and an appreciation for physical, mental and emotional well-being. Patricia collaborates with colleagues on fitness and health lessons/projects to create student-centered classrooms for all HOPE classes. She provides staff support on curricula, standards-based activities and high engagement teaching strategies so all of her students receive the best physical education experience possible!

**ADAPTED PHYSICAL EDUCATION TEACHER OF THE YEAR**
**JESSICA WOLFORD**  
Escambia County

Before moving to Florida, Jessica worked in the Avoyelles Parish School District in Louisiana. She currently teaches adapted physical education and is a head softball coach. Jessica truly loves her students and what she does day in and day out. She is constantly going to the Dollar Tree store looking for things she can use or make to teach her special needs kids. She ensures her students have the opportunity to be included with the general population, but when they cannot due to more serious conditions, she provides them an experience of a lifetime day. For Thanksgiving she comes to school dressed as a turkey, every day she wears fun socks as conversation starters, she writes and receives grants to fund her program, and receives items from the community for her students. She goes above and beyond and is an outstanding adapted PE teacher!
SPORT EDUCATOR OF THE YEAR
ALICE CHRISTIAN
Lecanto High School, Citrus County

Alice received her B.S. degree in Health Science Education from the University of Florida. She has coached Varsity Volleyball, Boys Golf, Tennis, Softball, and numerous intramural sports. Outside of school Alice has coached soccer and other recreational sports. Alice’s dedication to coaching is unsurpassed she was instrumental in restructuring and revising The Citrus Fusion, a Travel Volleyball team that serves ages 10-17 and produces 8 teams that travel and play throughout the country. She has been recognized locally and state wide as the coach of the year in her various sports. Her dedication and commitment to detail has made her programs successful year in and year out. Her teams have represented their school, her, and their families on and off the courts/fields of play through character and grades. Several of her teams have scored in the top 10 academically for the State of Florida.

HEALTH EDUCATOR OF THE YEAR
DEBORAH PORTER
Palm Harbor Middle School in Pinellas County

Deborah teaches at Palm Harbor Middle School in Pinellas County. She is truly an amazing teacher who embodies all of the qualities that makes students want to succeed. Deborah is a master of building relationships with students and is an advocate for their well-being. As a health teacher, she takes the content and makes it relatable to the students at their level. She brings in guest speakers and also partners with community agencies to deliver hands on learning. School wide, she is invested and an active part of many committees that focus on creating a positive school environment. At the district level, her expertise was critical to refining the Pinellas County health education curriculum. Deborah is an asset not only to her school, but our profession.

EDUCATIONAL LEADERSHIP AWARD
DR. DANIEL DROST
University of West Florida

Daniel is currently the Assistant Dean in the Usha Kundu, MD College of Health at the University of West Florida. His teaching career includes working at the K-5 level as a physical education teacher, Adjunct Professor at Santa Fe College, Instructor/Lecturer at UWF, Administrative Fellow UWF, and Associate Chair in the Department of Exercise Science and Community Health at UWF. Colleagues in the Escambia area had this to say, “Danny has always been a secret ingredient in our community when it comes to physical education teacher preparation. The professionalism and knowledge he contributes to his students at UWF and current teachers in Escambia County is unprecedented. He is always thinking of ideas for research projects, opportunities to help grow our future teacher candidates, and soliciting the support from the community to help provide.

COUNCIL OF DISTRICT ADMINISTRATORS (CODA) AWARD
TRACY BOWEN
Collier County

Tracy has served in a variety of capacities during her years as an educator. She has been an elementary and high school physical education teacher, a coach for volleyball, softball, swimming and cheerleading, as well as a District Coordinator for K-12 Health and Physical Education. She has served as the CODA chair and the SHAPE Florida Board of Directors. Tracy has received numerous awards such as the Rutgers University Young Women Advocate Award, Gold Award for Healthy School District, Prevention Spotlight Award and Immokalee Award for Women for Children for the creation of Women of Influence Club. One of Tracy’s colleagues had this to say about her, “Tracy was the driving force behind the implementation of quarterly CODA webinars where other administrators from across the state could learn from one another outside of the state conference. This provided an opportunity for many administrators across the state to share ideas and resources.”
Katherine W. Montgomery Scholarship

The Katherine Montgomery Scholarship is awarded each year to a deserving undergraduate student in HPER. It was created in honor of “Miss Katie,” who served for 30 years as chairperson of the Florida State University Physical Education Department.

SHELBY HENSON
University of West Florida

She has the Future Professional of the Year Award.

FREDDIE ARMAND
University of West Florida

Freddie passionately advocates for our physical education profession in multiple ways! Not only is Freddie a Physical Education Teacher Education student with perfect attendance, he also supports all of his peers positively with their coursework and guides them to achieve positive results on PETE milestones. Freddie is a UWF PETE member, serves on the SHAPE Florida Board of Directors as Student Representative Elect, and he is a former military soldier who served our country for many years!

LEXI TIMMS
Warner University

Alexis Timms is an outstanding Physical Education K-12 major at Warner University. She was the valedictorian at her high school and she continues to do well academically at Warner University. Lexi is currently the Student Representative on the SHAPE Florida Board of Directors. She is also actively involved in the local public schools and is passionate about helping students to become more physically active and healthy.

FUTURE PROFESSIONAL OF THE YEAR AWARD
SHELBY HENSON
University of West Florida

Shelby is already the passionate advocate that fights for promoting physical education in schools. While she diligently works toward accomplishing her goals as a PETE student she goes above and beyond to support fellow students within our UWF PETE programs and Fitness and Sport Conditioning major. Shelby is president of the UWF PETE club and she supports the program by promoting the positive philosophy of physical education to her peers and within the community. Shelby works hard to earn ‘A’s in her courses and persists with projects until they are completed with satisfaction.
KATHY BENN & KATHERINE STRAW  
Florida Southern College

As Professors at Florida Southern College, these two ladies were not only influential in my growth as a young college student on the path to becoming a Physical Education teacher but through the years they have touched the lives of so many other students who became teachers. As instructors, they brought a positive and uplifting attitude each day to their classes. They also had as their goal of getting to know their students as individuals and were always willing to take the time to welcome you into their office to talk.

My first experience of attending a state convention was through our college program. And many years later while attending State and National Conferences it was exciting to have the opportunity see my professors still attending them and bringing their students so they could experience this great event. With over a combined 80 plus years of teaching, these ladies have made a difference in countless number of students and I want to thank them for all they have done for our profession and the lives of the students they have touched. Thank you, Mrs. Benn and Mrs. Straw, for your guidance and influence in developing physical education and health teachers at Florida Southern College. Thank you for your support of FAHPERD and SHAPE Florida through the years. Thank you for the inspiration you have been to so many throughout the years!

JEANNE FIFER

As a Physical Education teacher for 36 years Jeanne provided leadership and was always willing to provide guidance for the Physical Education teachers in Orange County. Jeanne applied for a PEP grant that would be influential in not only my professional career but in many others in our county. This grant provided the opportunity for us to meet and grow as professionals as Jeanne led us in many sessions as we developed curriculum that would benefit our students. Jeanne made sure that we had the opportunity to experience both our state and national conventions. These experiences were invaluable to my growth as a professional as I continued to attend both even after the grant ended. Thanks to Jeanne as she always supported and encouraged me to accept leadership opportunities in SHAPE Florida and the confidence she had in me to succeed in those positions. Thank you, Jeanne, for all you have done through the years in support of Physical Education teachers and SHAPE Florida!

President's Award

The Presidential Award is given by the SHAPE Florida President based on contributions and support given the President during the President's term of office.

Information below was written by Gale Strain
2019 CONVENTION

PAST PRESIDENTS

SHAPE Florida
COMING SPRING 2020

Score a Touchdown by March 2, 2020 for a chance for you and some of your students to attend the 2nd Annual Fuel Up to Play 60 Experiences in Spring 2020! We will have one event in each of our Florida NFL markets (Tampa, Jacksonville and Miami), and it will be a day filled with football-related physical activities and nutrition-inspired contests!

Remember to get your students together to complete the Touchdown Steps of the Fuel Up to Play 60 program on your dashboard by the March 2, 2020 deadline to be eligible. We will then select schools to attend the event and follow-up with the winners with more details! You DON’T want to miss this!

For more information on the Fuel Up to Play 60 program, make sure to visit www.FuelUptoPlay60.com to get started!