

2019 *SHAPE* Florida Convention

TEAM *SHAPE* Florida: *Together-Educate-Advocate- Motivate!*

SATURDAY, NOVEMBER 17, 2019

1:00 pm – 4:00 pm *SHAPE* Florida Office
Registration B

2:30 pm – 3:30 pm **Council Meeting**
Azalea A/B

3:00 pm – 4:00 pm Executive Committee
Hospitality Suite

4:30 pm – 5:00 pm Registration
Registration Palms Foyer

4:00 pm – 6:00 pm *SHAPE* Florida Board Meeting
Oleander B

SUNDAY, NOVEMBER 18, 2019

7:30 am – 5:30 pm Registration
Registration Desk West

8:00 am – 5:00 pm CODA Annual Meeting
Oleander B

9:00 am – 4:00 pm **Pre-Convention Certification Workshop**
Jasmine PLYOGA Certification full day

9:00 am – 12:00 pm **Pre-Convention Workshops**
Salon H/I Let's Play Hockey – Street Lightning!

ABC's of Activity-Based Content Integration
Salon E
What's your Why?
Salon F/G
GeoMotion: Academics – STEAM, Fitness, & Dance
Magnolia

1:00 pm – 4:00 pm

Pre-Convention Workshops

2019 Teachers of the Year Showcase!

Salon H/I

Online Physical Education Network (OPEN)

Salon E

Vision Gained with

Vision Loss

Salon F/G

One Love Foundation

Magnolia

4:15 pm – 5:45 pm

Exhibitor Extravaganza

Salon

ABCD

Pre-Convention WORKSHOPS

7:30 – 9:00 AM

Coffee Break in the Main Lobby

9:00 AM – 4:00 PM

56: PLYOGA. Your Body is Power (Certification)

Presenter: Thomas Ascough

PLYOGA is a fully accredited fitness system that has empowered many educators to see past the issue of limited resources and space to a world of limitless physical education options. PLYOGA uses only the body and it can be done anywhere. PLYOGA ignites a mental commitment to push a little further in your strength and limitations, equipping educators with the newest science in movement and inspiration. Many independent studies show that 90% of all PE and exercise is coached in the Sagittal plane. PLYOGA uses all movement and core planes evenly. *This certification includes a 4-week unit plan, educational manual, PLYOGA class*

builder, student assessment tools, the Minute of Movement, mountain minute, PLYOGA movement library, ongoing online support, PLYOGA video library and PLYOGA express series.

***Additional cost of \$99.00**

9:00 AM– 12:00 PM

35: Let's Play Hockey – Street Lightning!

Presenter: Mikki Wickett & Kristin Bowness, Tampa Bay Lightning

Floor and street hockey skills for elementary school students will be taught. We will provide lesson plans and curriculum standards to all participants. Learn how the Tampa Bay Lightning initiative to get kids playing hockey in Florida works.

82. ABC's of Activity-Based Content Integration

Presenter: Nichole Wilder, Florida Department of Education

This presentation will actively engage attendees while sharing the link between physical education and other subject areas such as science, math and language arts. The common concepts and vocabulary will be highlighted in order to share strategies for complementing classroom content through application in physical education. Attendees will experience activity-based content integration, and all activities presented will be directly aligned to Florida's physical education standards.

69: What's your WHY?

Presenters: Wes Foster & Jason Alise, Vehicle for Change

We all get stuck in the daily grind and routine. Do you know teachers that simply punch a time clock? Reinvigorating and helping teachers to find their WHY is what we will do in the session. Using fun interactive activities and lessons we will keep it real, fast paced, and fun. The teachers will walk away feeling great with a new perspective, plenty of swag and new ideas to take back to their classrooms!

67: GeoMotion: Academics – STEAM, Fitness, and Dance

Presenter: Debby Mitchell

Experience how to integrate STEAM (science, technology, engineering, arts, and math) into movement activities. You will learn a new method to teach dance steps and movement ideas using the GeoMats. Learn how to access a free physical activity video site. Each participant will receive a class set of free GeoMats.

1:00 PM– 4:00 PM

65: 2019 Teachers of the Year Showcase

Presenters: Robert Sinibaldi (2010, Adaptive), Tabitha Best (2019, Elementary), Brennen Dayton (2019 Middle School), Patricia Edwards (2019, High School) & Debbie Porter (2019, Health)

This half-day workshop will include teaching ideas and sharing of best practices from *SHAPE* Florida's Teachers of the Year (TOY). Content will include lessons and effective teaching strategies for elementary, middle, high school and adapted physical educators.

83. Online Physical Education Network (OPEN)

Presenter: Nichole Wilder, Florida Department of Education

This activity session will demonstrate how the Online Physical Education Network (OPEN) modules can be utilized to help improve students' physical literacy. All activities presented will be directly aligned to Florida's physical education standards and will demonstrate how OPEN can assist physical educators teach and assess our state standards with fun and engaging activities.

37: Vision Gained with Vision Loss

Presenters: Keith Young & Tyler Merren, 2016 Rio Paralympic Games Silver Medalist

Teachers, specialists, & pre-service teachers will learn effective teaching methods through the use of verbal description, tactile modeling, & physical guidance. Activities will include using vision simulators, auditory equipment, & tactile lines for the attendees to have an understanding of what is considered a visual impairment. Cobra Ball is a game/activity that all students can play and all adapted & general education PE teachers can use for their programs. The focus is to facilitate better learning outcomes along with disability awareness.

77: One Love Foundation: An Innovative Approach to Healthy & Unhealthy Relationship Education

Presenter: Robin Graber

The One Love Foundation creates emotionally engaging educational curricula and tools for teachers to empower young people to understand the difference between healthy and unhealthy relationships and improve their relationship health IQ for themselves and others. One Love utilizes both peer-to-peer and train-the-trainer models to give students and educators the ability to adapt our cutting-edge content and discussion guides to fit their specific classroom and community needs. Come learn how you can bring One Love's multi-layered education, awareness, and movement-building campaign to your students in this training.

TEAM *SHAPE* Florida: Together-Educate-Advocate- Motivate!

Convention Programs & Events

Monday, November 18, 2019

7:00 AM – 3:00 PM

Registration Palms Foyer

7:00 – 9:00 AM

Coffee Break in the Main Lobby

7:30 – 8:20 AM

Salon H/I

17. Teaching Racket Skills

Attendees will participate and learn skills/modified games that can be played indoors or outdoors with little space or equipment.

Presenter: Jerry Honeycutt ~ Exhibitor

Magnolia

14. Integrating Pilates in Physical Education

Ever wanted to teach some Pilates to your students, but have no idea where to begin? Then this is the workshop for you! Learn some Basic Pilates warm ups and how to make exercises fun and functions for your PE classes.

Presenter: Megyn Taback

Oleander A

75. Edu-Assess: Rethinking Assessment in Physical Education

Edu-Assess is a new, fast, and simple assessment program that is perfect for PE teachers of any level. Within moments, teachers can analyze students' performance and have real-time data they can print or email to parents, while using the feedback to enhance learning.

Presenter: David Carney

8:00AM

Azalea A/B

By Invitation Only: Award Recipients, Past Presidents and BOD meet prior to opening session.

Welcome to our 2019 award recipients and past presidents! We are so happy to celebrate you! Please meet at this time in order to prepare for the opening award session.

Hostess: Kelly Hicks

8:30 – 9:50 AM

Salon E

Grand Opening and Awards Celebration

Honoring 2019 *SHAPE* Florida Award Recipients

As well as

Past Presidents and Past Executive Directors

Presenters: SHAPE Florida President Gale Strain & Executive Committee

Special Thank you to US Games for sponsoring our 2019 Teachers of the Year

Get there early to get a good seat, doors open at 8:15am!

10:00-10:50AM

Salon H/I

52. Games, Games, Games

Fun teacher created games that focus on movement, strategy, teamwork, and state/national standards. Great for medium to large class sizes wanting a high activity level. We will use Cannon Launchers, Super Straps, Flipz, and more cool equipment!

Presenter: Tim Taggart ~ Exhibitor

Salon F/G

48. KIN-Ball: Non-traditional Action-Packed Games

The sport of KIN-BALL requires skills and strategies not found in any traditional athletic competition. No physical contact, no intimidation, no interference, no one

left out. Promotes cooperation, speed, agility, aerobic activity, coordination, flexibility and teamwork!

Presenter: Terry Gooding ~ Exhibitor

Lime/Lemon

45. Fusion Skills for Field Hockey and Floorball (2 hour session)

From never played to growing the game! I'll show you how to introduce these sports to your students by blending skills & content together for progressions that produce a boost in self-confidence, participation, teamwork, & advanced play.

Presenter: Kristy Kirk

Orange

91. HECO sticks: Eye-hand Coordination Training Tool

New product HECOstix puts an exciting boost to a wide variety of movements. Incorporating this into exercise and lessons gives the brain an additional task. With almost limitless options, the product makes decision-making and processing time a factor in movement activities. Through group participation, Elizabeth Russ and Brendan Rubenstein show how they use it in their environment.

Presenters: Elizabeth Russ & Brendan Rubenstein

Jasmine

11. Focus Mitt Fitness: Teaching Students Lifelong Fitness

Success of a fitness plan depends on exercise: how often, how hard, how long, and the types. Focus Mitt Boxing Academy demonstrates a FITT formula and Muscular Strengthening through NON-contact boxing techniques designed for a total body workout.

Presenters: Renee Livingstone, Jean Ribault, Kay Sims & Frederick Wilson

Magnolia

15. Are You in a Pickle?

Building your pickleball program from the ground up. Finding the right curriculum, purchasing equipment and starting your school based pickleball club. Teachers will be provided with information on where and how to get equipment for their program and how to build a club at their school.

Presenters: Ange Miller, Yvonne Devlin & Sindee Snow

Oleander A

40. How Much Movement: The Challenge to the Physical Educator is to Measure MVPA

It is important to increase the amount of movement activity during Physical Education classes. Physical activity technology, when paired with instructional strategies like Smart PE and engaging activities, can be used to help our students become more vigorously active.

Presenter: Beth Kirkpatrick ~ Exhibitor

Oleander B

43. What Does a State Championship PE Program Look Like?

Attendees will view power points and videos of live classes that demonstrate a top tier program.

Presenter: Jerry Honeycutt ~ Exhibitor

Azalea A/B

By Invitation Only: Awards Reception

This session is for the 2019 awards recipients of *SHAPE* Florida. Invitees will mix, mingle and celebrate their contributions to *SHAPE* Florida and the physical education profession.

Presenter: Gale Strain

11:00 – 11:50 AM

Salon E

54. Cannon Launcher Games

Ever wonder how to use Cannon Launchers? Come and learn how to use them to create a fun high level of active play. Students will improve motor skills, catching, increased reaction, and math skills all at a high level of physical activity.

Presenter: Tim Taggart ~ Exhibitor

Salon H/I

22. Games-Based Physical Education

Forget skill & drill- teach through game play. Sports involve discrete skills, combinations of skills and tactics. Why teach those in isolation? See how Game Based lessons build skill and tactical knowledge while providing maximum engagement.

Presenter: Rachel Winsten

Salon F/G

39. ACTION! Healthy, Nutrition-Themed Activities

We will bring nutrition to life in this action-packed session! Participants will learn healthy meal-planning, maintaining a nutritious diet using MyPlate and the consequences of poor eating habits, all without sacrificing activity time!

Presenter: Jordan Stolp ~ Exhibitor

Orange

79. Developing Leaders and Leveraging our Strengths

Need description

Presenters: Heather Crowley & Edgar Pabon

Jasmine

24. Just for 2: Partner Games for Any Size Groups

Attendees will learn a variety of partner games that can be used for quick warm-up activities or for an end-of-class cool down. The activities focus on both fitness

and motor skills. They require little or no equipment and can be for any size group.

Presenter: Curt Hinson

Magnolia

27. A PE Teacher's Purpose: Leading with the Why

Why are we doing what we are doing today? Leading our Lesson and Planning with 'WHY' and 'HOW' will help us be better planners, leaders and teachers. This interactive standards-based planning session will bridge the administrative and teaching gap.

Presenter: Tracy Bowen

Oleander A

78. Celebrating 100 Years! Respect our Past, Appreciate the Present, Prepare for the Future

Hear from our past leaders the history, traditions, experiences and personal celebrations of our association over the decades.

Presenter: Hollie Newnam

Oleander B

6. Teaching and Managing the Oversized Health Classroom

This session will give you engagement and motivation strategies, classroom set-up, and classroom management strategies specific to the health classroom to maximize their learning potential despite the class size.

Presenters: Gabby Montemarano & Antonio Emperor

12:00 – 12:50 PM

Salon E

18. Foam Coated Balls are Not Just for Dodgeball

Attendees will participate and learn skills/modified games that can be played indoors or outdoors with little space or equipment.

Presenter: Jerry Honeycutt ~ Exhibitor

Salon H/I

44. Increase MVPA with the IHT ZONE Heart Rate Monitors, and the Data to Prove It!

Utilizing evidence-based strategies can increase Moderate to Vigorous Physical Activity in a physical education class. Learn how effective management of students, IHT Spirit technology, equipment and instructional time can yield more activity.

Presenter: Brandon Wolff ~ Exhibitor

Special Call out box for this event

Salon F/G

85. Student Meeting

All college and university students are encouraged to attend this session to hear from your Student Representatives who serve on the Board of Directors. You will learn about the Future Professional Leadership training, hear from leaders in our profession and enjoy a complimentary lunch!

Presenters: Lexi Timms & Freddie Armand

Special Call out box for this event

Azalea A/B

Past President's Luncheon, Invitation Only

Hosted by: Mary Lane

1:00– 1:50 PM

Salon E

50. OPEN at its Ultimate

It's a flying disc attack! Not really but come check out Ultimate Disc, one of the newer modules offered by OPEN! You are going to smile and have fun with various activities while learning about this free resource.

Presenter: Benjamin Pirillo

Salon H/I

46. Instant Fun! Just Add Teamwork!

Back by popular demand! Come learn teamwork activities for your elementary classes to get them excited to work together to achieve a common goal. Activities can be modified for different academic levels, physical abilities and space restrictions.

Presenters: Karen Fisher

Salon F/G

73. Behavior Improvements: Strategies to Improve Over-expecting

This session will provide attendees with strategies for delivering instructions that students will be able to follow easily. Examples will include for simple activities to those that are more complex.

Presenter: Daniel Drost & Charmain Sutherland

Orange

76. Durango: Ultimate Frisbee & Team Handball Lead Up Games

Durango is a high-energy, all inclusive, lead-up activity for Ultimate Frisbee and Team Handball. Students learn and use concepts of pivoting, defense, team-communication, good sportsmanship while also becoming comfortable with some of the basic rules and skills needed to be successful in Ultimate Frisbee and Team Handball.

Presenter: Kristen Frazer

Jasmine

30. Never Too Old to Dance!

Line dancing for all ages! New and old dances brought to you from an old broke down PE teacher and baseball coach. Fun times for ALL!

Presenter: Butch Valdes

Magnolia

9. Born to Lead!

Missing something? Do you have the desire to do MORE? Are you looking to get involved with SHAPE Florida? Join this round table discussion on the areas of SHAPE Florida leadership and service that you can get involved with TODAY!

Presenter: Heather Crowley

Oleander A

3. No Technology? No Doubt! Teaching Health Education Without Tech!

2019 SHAPE Southern District Health Educator of the Year & 2018 Ribault Middle School Teacher of the Year share student choice activities into Health Education minus the use of technology. You will leave with unit plans as well as FREE equipment giveaways!

Presenters: Frannie Kendall & Andrea Chesuloff

Oleander B

59. Pre-K PE: Play and So Much More

Working with pre-K students in PE takes a different approach than watering down your kindergarten curriculum. This session will look at play-based delivery systems to meet the needs of pre-K students from both general ed and those with special needs.

Presenter: Robert Sinibaldi

2:00– 2:50 PM Put photo of Dexter in this area

Salon E/HA

88. Physical Education and Health/General Town Hall Meeting with Special Keynote Speaker Dexter Jackson, Former NFL Buccaneer!

Be present to hear special messages from the Division Vice presidents. Updates will be shared from our FL DOE and legislative advocate. Local PE & Health associations will have time to share what they are doing in their school district and elections of Council Chair-Elects will take place.

Presenters: Karen Fisher, Edgar Pabon, Laurie Cox & Rachel Winsten

3:00– 3:40 PM

Salon E

19. Jonesing for Standards-Based Lesson Ideas

Teaching throwing and catching skills is one of those basic skills that physical educators must have. Many times, this instruction comes in the form of fun games for students to play in. This session will focus on some activities that are appropriate for all ages.

Presenter: Aaron Jones

Salon H/I

28. A Caribbean Aerobic Experience

The Caribbean has historic roots from many European and African countries. Come and experience an array of music and movement styles.

Presenter: Nicole Kameka

Salon F/G

31. What Did You Learn in PE Today?

Assessment in the affective domain is difficult for physical educators. This workshop presents a way to capture student responses to psychomotor concepts in the cognitive and affective domains with minimal technology by using FlipGrid.

Presenter: Edgar Pabon

Lime/Lemon

51. Let's Line Dance!

Come and learn some new line dances that can be put to any genre of music.

Presenter: Angel Butler

Magnolia

80. Fundraising and Partnerships Endorsed by SHAPE Florida

SHAPE Florida has four new partnerships to assist our members raise funds for their programs while promoting health education and physical education. An overview of each new program will take place: American Lung Association's Yoga Power, SHAPE America Health.Moves.Minds., Mission Possible: Game On!, and Y-Ties.

Presenter: Hollie Newnam

Oleander A

36. Dynamicize Your PE Program

An innovative way to make your PE program more dynamic!

Presenters: Ian Waldron & Lisa Moss

Oleander B

8. Speed Sexual Health Education

Without a middle school health elective or rotation, it is tricky to 'infuse' Sexual Health Education into 6th grade Physical Education classes. The instructor will model the 6th grade lesson and share middle and high school resources.

Presenter: Grace Kellnermeier

3:50 – 4:30 PM

Salon E

33. Fitness Fusion for Teachers and Students

We have designed a fitness class for teachers and students that incorporates Zumba and strength training in a user-friendly format. The class begins with 3-4 Zumba songs and ends with a strength and conditioning circuit and cool-down.

Presenters: John Lofye & Brenda Brey

Salon H/I

25. HANGRY-Fun-Fitness-Themed Activities Utilizing Various Food Groups

HANGRY Using GOPHER's NutriPlay bean bags, participants will learn new ways to increase students' movement, develop healthy attitudes, minimize discipline, learn lifelong healthy habits, and of course have FUN!

Presenter: Danny Rendell

Salon F/G

92. Exciting Games Elementary Students are Sure to Enjoy

Whether you have 15 students or 65 students at a time, these games were created for students of all abilities and ages by coaches who do exactly what you do every day. Come and check out these awesome 4-5 games that will work with limited space, limited equipment, and limited facilities, but are sure to leave the students smiling and sweating!

Presenter: Blair Duoos

Jasmine

60. Physical Education Increases Academic Achievement

The more we burn, the more we learn! Did you know that kids who are physically active get better grades? This session is all about how physical activity affects the brain. Research and information, as well as demonstrations of classroom fitness breaks.

Presenter: Pandora Kinard Owens

Magnolia

84. Yoga Power with the American Lung Association

We're excited to announce our partnership with the American Lung Association and their new program Yoga Power. Learn how your school can raise funds and view the program's curriculum and weekly lesson plans covering lung health, tobacco prevention, air quality and asthma education.

Presenter: Janelle Hom

Oleander A

7. Balanced and Beyond

Join us to experience lab activities and lesson plans on assessing and improving balance and coordination. Related classroom equipment will be available to use during the presentation.

Presenters: Ronda Sturgill, Leslie Williams & Allison Kaczmarek

Oleander B

10. Raising the Standard to Eliminate the Pain in the LGBTQ Community

Students who become academically engaged have to feel a physical and emotional connection to school. How can teachers expect students to feel connected if they cannot be themselves? Visionary Connection helps teachers find a common ground.

Presenters: Renee Livingston & Kay Sims

4:45

Duck Races at the Pool

Sponsor a duck and see whose is the fastest in the flock! Purchase your duck ahead of time at the registration desk, \$3 per duck or two ducks for \$5.00. The winning duck sponsor will receive 50% of the proceeds!

Presenter: Gale Strain

5:30 – 6:30 PM

Various socials. This is a time for College, University, and School District Association Socials! Mingle, rekindle friendships, laugh, meet new friends, and network. Whatever you call it, have fun!

Need a bright, crazy, exciting text box here for this event!!!!!!!!!!!!!!

7:00– 10:00 PM

89. 100 Year Celebration: R.A.P. Party ~ Respect the Past, Appreciate the Present, Prepare for the Future

We will hold this fun-filled evening event OUTDOORS under the stars! Music will be provided by a professional DJ, dancing, games, activities and a cash bar will be included. Finger foods will be available. No cost to members who are registered for the convention.

Help us celebrate 100 YEARS by dressing in the past,
present or future!

Guest tickets may be purchased at the *SHAPE* Florida Registration
Desk for \$30 each.

Tuesday, October 30, 2018

7:30 AM – 9:00 AM

Registration Palms Foyer

7:00 – 8:50 AM

Azalea A/B

64: *SHAPE* Florida New Board Meeting and Breakfast

By invitation only, current and newly elected board members.

Presenter: President Heather Crowley

8:00 – 8:50 AM

Salon E

16. Having Fun with PaddleZlam! (2 hour session)

An exciting new way to get kids of all ages to enjoy exercising. PaddleZlam combines Pickleball, Volleyball, and KanJam into a very unique interactive sport.

Presenters: Brandon Wolff & Richard Sand ~ Exhibitors

Salon H/I

49. Omnikin: Fitness, Fun, Team Building, Cooperative Games, Skill Development

Experience all these components of quality Physical Education using Omnikin's 14' to 48' durable, light-weight balls. Our balls are non-threatening and promote maximum participation for all ages and skill levels.

Presenter: Terry Gooding ~ Exhibitor

Lime/Lemon

38. Pedometers & Heart Rate Monitors: Data-driven Assessment

Considering adding pedometers or heart rate monitors to your physical education curriculum? We will get hands on with both types of assessment products to see which might be right for your school.

Presenter: Jordan Stolp ~ Exhibitor

Orange (transitioning to Outside space after introduction)

32. Presenting Games with Impact

Learn about PE games that your classes will LOVE! Creative and proven activities students will want to play over and over again. High participation rates and exercise are one of the many benefits for your students as they take part in these games.

Presenter: Frank Adkins

Jasmine

68. STEAM Ahead-STEAM, Literacy, Nutrition Through Movement and Music

Come discover how to use meaningful movement, music & fun to improve student knowledge in STEAM, nutrition, health, and fitness concepts. Move to 'Simple Machines, Have a Heart Party, Parts of Plants, Machines.' Participants get 50 FREE GeoMats.

Presenter: Debbie Mitchell

Magnolia

13. Yoga in Physical Education

Learn some Yoga basics to get students moving. Learn exercise that encourage students to stretch and explore different types of movement to stay active in class.

Presenter: Megan Taback

Oleander B

2. Rapid Response to a Child Health Epidemic: CATCH my Breath Youth E-Cigarette and JUUL Prevention Program

In this session, participants will learn how schools across the U.S. are using CATCH My Breath to deliver e-cigarette and JUUL prevention education to their students and how to access this free program for use in their own schools.

Presenters: Marcella Bianco & Leslie Barton ~ Exhibitor

9:00 – 9:50 AM

Salon E

16. Having Fun with PaddleZlam! (continued)

An exciting new way to get kids of all ages to enjoy exercising. PaddleZlam combines Pickleball, Volleyball, and KanJam into a very unique interactive sport.

Presenters: Brandon Wolff & Richard Said ~ Exhibitors

Salon H/I

53. Brainball Brings Math and Spelling into PE!

Brainball has 16 years of proven research showing students who use them 2 times a week improve math, spelling, reading, and fine motor skill development. Includes 100 balls. Come to this hands-on workshop and see for yourself how Brainball works.

Presenter: Tim Taggart ~ Exhibitor

Salon F/G

71. Everyone Can Teach Tennis

USTA's Net Generation built turnkey lesson plans, created in conjunction with SHAPE, to give everyone the tools to teach tennis. Receive everything you need to start and maintain a school program including a free equipment starter kit.

Presenters: Magali Holt & Megan Ryan ~ Exhibitors

Lime/Lemon

70. Around-the-World Activities/Sports Taught with Technology

Teaching activity & sports skills from around-the-world through student-centered technology. Learn the basics of several sports and activities from countries throughout the world. Students will receive instruction from teacher-created how-to-videos.

Presenters: Becky McMullan, Charmain Sutherland, Micah Johnson, Adam Woods & Freddie Armand

Orange

34. inclWHOson

A mini inclusion unit will be presented with activities, equipment, & questioning techniques that you can take back & use with your Gen-Ed students to teach inclusion of all students. This unit has melted hearts of students and teachers in our county.

Presenter: Cassandra Waller & Jessica Wolford

Jasmine

57. PLYOGA Express-Fitness Resourcefulness

HIIT meets Yoga in this format where every age and level can find a home in PE. Additional benefits include superior athletic conditioning, fitness for use in any space, and fun resourcefulness tips.

Presenter: Thomas Ascough ~ Exhibitor

Magnolia

11. The One Size Fits All Equation Fits No One

How do you calculate maximum heart rate (MHR)? The 220-minus-age equation is regularly used to estimate an individual's maximum heart rate, and some believe it is invalid for this specific purpose. Some believe there is no equation that accurately estimates maximum heart rate.

Presenter: Joe Gooden ~ Exhibitor

Oleander A

94. Engage, Develop and Nurture with 360 Hoops

360 Hoops are innovative educational tools schools can use to engage, develop, and nurture students of all ages and skill levels. Utilizing our unique games, drills, and activities will encourage active participation and boost student confidence

regardless of their athletic ability. Come and learn how 360 Hoops can help your school develop an exceptional anti-bullying, leadership, communication, and health and wellness program within your school!

Presenter: Kyle Hayes ~ Exhibitor

Oleander B

74. What You Don't Know May Hurt Your Students!

In this session, participants will discover how polyvictimization research is shaping new and improved prevention strategies and programming that is better able to protect children from bullying, cyberbullying, the four types of child abuse and digital dangers. Learn about the research, current trends and efforts, and how to be proactive rather than reactive and support prevention initiatives that are better able to protect children.

Presenters: Stacy Pendarvis & Beth Dudjak

10:00 – 10:50 AM

Salon E

20. The Original Large Group Little Staff Elementary Games

This session will be endless bell to bell games and activities for your Physical Education class. Large groups or small groups does not matter this will be a very active session so come ready to play and learn.

Presenters: Robert Mazzola, Terry Greear & Jasmin Coffee

Salon F/G

29. Rainy Day Activities XVI

Rainy Day Activities is a series of workshops based on state standards that is designed to provide new, exciting, educational, hands-on integrated games, skills, Brain Gym & strategies. All activities are adapted to grades K-12 & special needs students.

Presenter: William H. Carel

Orange

26. Arts Integrated Movement

A formative approach to kinesthetic, visual, and aural learning. Strategies to use in K-8 that increases the brain-body connections to learning that allows any teacher to observe the process and the product through movement. Tableau, SnapShot, ABA Movement, Pass the Picture and Dance is B.E.S.T strategies will be demonstrated with various PE units as integrated examples.

Presenter: Tracy Bowen

Jasmine

81. The Duncan Yo Yo Team of Champions

Need Description

Presenter: Need names

Magnolia

86. Leadership 101: Council Members and Board of Directors

This session is for all Council Chairs, Council Chair-elects, newly elected and current Board members. The Operating Codes, responsibilities and timelines will be reviewed with Division Vice-Presidents. A great opportunity to better understand your leadership role! Anyone interested in becoming more involved is welcome to attend.

Presenter: Hollie Newnam

Oleander A

93. Mission Possible: Game On!

Need Description

Presenter: Becky Francis

Oleander B

4. Healthy and Wellness Education for the Whole Child-Partnership Programs for the NHL, NFL, MLB and Many More!

Learn about EVERFI' K12 suite of standards-aligned, web-based resources to support whole child education. All attendees will receive access to these programs cost-free to implement in their classrooms.

Presenters: Mathew Kirouac & Kathleen Wright – Exhibitors

11:00 – 11:50 AM

Salon E

66. Designing a Large Group Sport Education Unit

This session will provide a demonstration of Sport Education, the theory behind it, and why you should incorporate it into your PE program. Everything needed to begin, from forming teams, scheduling, and the tournament itself will be included.

Presenter: Dave Carney

Salon H/I

62. Olympic Sports to Teach Your Secondary Students

Join in the fun with two Olympic sports: Handball and goalball. Handball is a fast-paced game with health and skill-related benefits. Goalball is a Paralympic game created for visually impaired athletes and can enhance social-emotional development.

Presenters: Leslie Williams, Christopher Sedlak, Samantha Stern & Lauren McNeill

Salon F/G

47. Incorporating Cross-curricular Activities into Your MVPA Physical Education Classes

This session will provide strategies and ideas to help you add cross-curricular activities to your lessons. A variety of warm-ups and lessons will be demonstrated.

Presenters: Adam Przymylski & John Stockton

Orange

63. Elementary Juggling with 2 Objects

Learn to teach a variety of 2 object juggling skills that you can incorporate for an instant activity, warm-up, stations, or as a rainy-day indoor activity. Included are toss juggling and bounce juggling, with and without partners.

Presenter: Jamie Crawford

Jasmine

72. The Dance Floor is OPEN

Are you ready to move and groove? Yes or no it doesn't matter. Come join in on the fun to learn how easy teaching dance can be for you and your students. Explore various dances offered through the free OPEN curriculum. Let's Dance!

Presenter: Benjamin Pirillo

Magnolia

23. Cultural Relevance in Health & PE Classes

CRE is a comprehensive teaching approach that empowers all students intellectually, socially, and emotionally by using interactive and inclusive strategies to impact knowledge, skills, and attitudes.

Presenter: Rachel Winsten

Oleander A

12. Running, SEL & the Mind-Body Connection

Come and learn how Marathon Kids, a non-profit on a mission to get kids moving, integrates the five competencies of CASEL into their running/walking clubs across the nation. Kids grow in self-confidence, set and achieve goals, and build relationship.

Presenters: Kenrick Tyrell

Oleander B

5. What do Teenagers Know? Health Education Alternative Assessments

The objective of this session is to bring awareness of alternative assessments that can be used in the health education classroom. Teachers will be provided with interactive alternative assessments that help to assess student learning.

Presenters: Antonio Emperor & Gabriella Montemarano

12:00 – 12:50 PM

95: Member Rally Convention Grand Finale

Member Appreciation Recognition Awards (MARA Awards) will be presented at this All Member Forum and introductions the new *SHAPE* Florida officers and more. Don't miss this exciting closing session filled with event prizes including cash, free 2020 convention registration and complimentary hotel room for 2020.